

## Fun Facts About May

Some Native American tribes called the May full moon The Full Flower Moon, The Corn Planting Moon or the Milk Moon.

The Anglo Saxon word for May was Tri-Milchi meaning 3 milks because the grass had become so lush and green that you could milk the cows three times a day.

To maintain a youthful appearance and enhance your beauty, wash your face in the dew you collect on the morning of the first of May.

- Marry in May, you'll rue the day.
- Wash a blanket in May, you'll wash a dear one away
- A cold May is kindly and fills the barn finely.
- Mist in May and heat in June makes harvest come right soon.

Once the tallest building in the world and currently the fifth tallest building in the United States, the Empire State Building opened for all on May 1, 1931. This 443 meter tall building held the honor of being the tallest building of the USA until the World Trade Center was completed in 1973. After the WTC attacks on 09/11/2001, the Empire State Building was temporarily the tallest but in 2014, One World Trade Center opened at a symbolic 1,776 feet.

## Menus for May 2019

Desert Edge High School

		Wednesday, May 1	Thursday, May 2	Friday, May 3
		BBQ Chicken Baked Beans Coleslaw Cornbread Variety of Fruit	Taco Salad Bowl w/fresh salsa, shredded cheese, diced onions, cilantro, sour cream and jalapeno slices Variety of Fruit	Domino's Pizza-Variety Green Salad w/assorted dressing Fresh Fruit Salad
Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10
Sweet Thai Chili Chicken Brown Rice Steamed Broccoli Mini Egg Roll Variety of Fruit	Burrito of the Day w/fresh salsa, sour cream, diced onions and jalapenos Spanish Rice Churro Variety of Fruit	Shredded BBQ Chicken Sliders (2) Potato Wedges Coleslaw Variety of Fruit	Mashed Potato Bowl w/ Popcorn Chicken Seasoned Corn Buttermilk Biscuit Variety of Fruit	Domino's Pizza- Variety Green Salad w/ assorted dressing Jello Fruit Salad
Monday, May 13	Tuesday, May 14	Wednesday, May 15	Thursday, May 16	Friday, May 17
General Tso's Chicken Brown Rice Fresh Orange Slices Variety of Fruit	Chef's Choice Variety of Fruit	Chef's Choice Variety of Fruit	Chef's Choice Variety of Fruit	Chef's Choice Variety of Fruit
Monday, May 20	Tuesday, May 21	Wednesday, May 22	Thursday, May 23	Friday, May 24
Chef's Choice Variety of Fruit	Chef's Choice Variety of Fruit	Chef's Choice Variety of Fruit	Last Day of School	
Monday, May 27	Tuesday, May 28	Wednesday, May 29	Thursday, May 30	Friday, May 31
Memorial Day		Choice of Milk: 1% Lowfat Milk, FF Chocolate Milk, FF Strawberry Milk	Choice of fruits and veggies (may select two): Granny Smith Green Apple, Oranges, Banana, Red Delicious Apple, Baby Carroteenies, Raisins, Craisin, Apple Juice or Orange Juice	

## May

- National Celiac Disease Awareness Month
- National Foster Care Month
- National Barbecue Month
- National Bike Month